

## Lenten Rose *Helleborus x hybridus*

**Other Common Names:** Christmas Rose, Lady Mix, Hellebore



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**LENTEN ROSE**  
*Helleborus x hybridus*  
**Bushy Evergreen Clumping Perennial**



**Light Shade/Full Shade**

**Water:** Medium

1-1.5' Tall / Wide

**Color:** White, cup shaped flowers

**Bloom:** Late winter to early spring      Toxic to humans if ingested

Clumps slowly spread through self-seeding

**Grown by a Denton County Master Gardener**

### General Information

Perennial Hellebores, in the *Ranunculaceae* – Buttercup family, are the stars of the late winter/early spring garden. In the south, they remain evergreen and prefer shade. Eastern European in origin, they are loved for their floral variety of spots and subtle coloring. A rugged and easy-to-grow plant, hellebore is lovely grouped under trees and shrubs or in a woodland garden.

### Characteristics

**Hardiness Zones:** 4-9

**Heat Tolerance:** Medium

**Size:** 1 foot by 1.5 feet

**Flowers:** White, red, purple

**Bloom time:** Winter through early spring

**Leaves:** Evergreen

### Pests and Disease Problems

Occasional Leaf spot and crown rot.

### Plant Care

Best grown in organically rich, well-drained soil in part shade to full shade. Propagate by division of the clumps (best in spring) and from seedlings which grow up around the plants. Very hardy and drought tolerant once established.

### Warning

Toxic to humans if ingested

### Sources for Additional Information

Missouri Botanical Garden. [Lenten Rose](#)

TAMU Aggie Horticulture. [Lenten Rose or Helleborus](#)

Texas SmartScape. [Lenten Rose](#)