

Lenten Rose - *Helleborus x hybridus*

Other Common Names: Christmas Rose, Lady Mix, Hellebore



Sue Hudiburgh, CC BY NC SA, Denton County MGA

LENTEN ROSE

Helleborus x hybridus

Bushy Evergreen Clumping Perennial



Light Shade/Full Shade

Water: Medium

1-1.5' Tall / Wide

Color: Various, cup shaped flowers

Bloom: Late Winter to early Spring

Toxic to humans if ingested

Clumps slowly spread through self-seeding

Grown by a Denton County Master Gardener

General Information

Perennial Hellebores, in the *Ranunculaceae* – Buttercup family, are the stars of the late Winter/early Spring garden. In the South, they remain evergreen and prefer shade. Loved for their floral variety of spots and subtle coloring. A rugged, easy-to-grow plant, group them under trees and shrubs or in a woodland garden.

Characteristics

Hardiness Zones: 4-9

Heat Tolerance: Medium

Size: 1 ft h X 1.5 ft w

Flowers: White, red, yellow, pink/purple- solid or spotted

Bloom time: Winter through early Spring

Leaves: Evergreen

Growth Habit/Shape: Clumps

Soil Requirements: Free draining, organically rich

Propagation: Division or transplant self-sown seedlings in late Summer/early Fall

Indoor/Outdoor: Outdoor

Pests and Disease Problems

Occasional leaf spot and crown rot.

Plant Care

Very hardy and drought tolerant once established. Trim off dead lower leaves as needed and faded flower stems to encourage new growth. Protect from cold wind.

Notes

Leaves, stems, and roots highly poisonous if ingested

Sources for Additional Information

Missouri Botanical Garden

<https://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=270969&isprofile=1&asic=hellebore>

Texas SmartScape™

<https://txsmartscape.com/plant-search/lenten-rose>